

# Splash In To A New Season With

*McHenry Marlins Aquatic Club (MMAC)*



You are invited to try our swim team for two weeks with no obligation<sup>1</sup> from September 6 – 16<sup>th</sup>. MMAC is chartered by Illinois Swimming, which is governed by USA Swimming, the same organization that governs the USA Olympic Swim Team!

Our mission is, "To provide an opportunity for swimmers to reach their highest potential as both individuals and as athletes." MMAC offers a guided age-group youth swim program for children ages 5 years and up, from the beginning swimmer to the most competitive and skilled swimmer. If you are looking for a flexible and family orientated program that is willing to work with you and your swimmer, MMAC is your team. This program is also open to high school aged swimmers – if your high school has a team, swim with us in the off-season; if your high school does not have a team, swim with us all season!

**WE MEET AT:** McHenry Community High School, West Campus, 4727 W. Crystal Lake Rd., McHenry, IL

Wear your suit, bring a towel, goggles AND A FRIEND!

**PRACTICE TIMES:** Five practices per week are available, recommended amount of practice depends on age. Mon – Thurs: 6:45 – 8:30 pm, Fri: 5:45 – 7:30 pm

## For more information:

- Log on to our website: [www.macswimmers.org](http://www.macswimmers.org)
- Email us at [macswimmers@gmail.com](mailto:macswimmers@gmail.com), or
- "Like" our Facebook page:  
[www.facebook.com/McHenryMarlinsAquaticClub](http://www.facebook.com/McHenryMarlinsAquaticClub)



1. Due to ISI regulations, a refundable \$60 ISI fee is required to participate in the 2 week trial.