

## **\*\*Run Your Life Clubs\*\***

**Run Your Life Clubs for kids are here!** We have three age-based Club Run Your Life programs, and each group is designed to allow our children to mingle with their peers in an open setting with activities to fit their individual tastes, as well as team building, and sharing of **Run Your Life principles**. Our principles are based on being true to individual natures, accepting of our traits, not blaming others, taking ownership of our lives, and educating ourselves on the good choices and possibilities available to us in order to grow in the direction of healthy mind, body, and self.

**K-3<sup>rd</sup> Grade:** Mar. 14, 28, Apr. 11, 25, Edgebrook School, 8:30-10AM

**Grades 4 & 5:** Mar. 14, 28, Apr. 11, 25, Duker School, 4-5:30PM

**Grades 6, 7, 8:** Mar. 14, 28, Apr. 11, 25, Duker School, 6-7:30PM

**Cost: Free! Each participant MUST be preregistered and have a signed waiver in order to attend. Please contact Charlene at [runyourlife@sbcglobal.net](mailto:runyourlife@sbcglobal.net) or 815.861.5074 to confirm your registration and receive your waiver.**

## **\*\* Family Time Open Gym \*\***

**Duker School Gymnasium, Cost: FREE!**

**Sundays March 15<sup>th</sup> –May 17<sup>th</sup>, 5:30-6:30PM**

**All children must be accompanied by their parents.**

This is a great opportunity to get in some family time as well as open gym fun! Shoot some hoops, run around and have fun with your family. We will have a concession stand with snacks and water bottles to purchase as well as board games and toss games to play in the cafeteria. **Please contact Charlene at [runyourlife@sbcglobal.net](mailto:runyourlife@sbcglobal.net) or 815.861.5074 to confirm your registration and receive your waiver.**

**(No sessions March 29, April 12, or May 10<sup>th</sup>)**

**All children must be accompanied by their parents, and all families must be registered and sign a release form to attend.**

Sponsored by Run Your Life