



McHenry Middle School Trojans

Tips to remember when watching your child participate in sports:

- 1. The game is about your child and teammates. Do not draw attention to yourself.***
- 2. If you are going to say anything, make it positive.***
- 3. Never criticize your child or team.***
- 4. Stay away from doing your own play-by-play.***
- 5. The referees are not to be harassed or criticized.***
- 6. Applaud for nice plays by your team and opposing team.***
- 7. Yes, we are the role models for our children. So great sportsmanship at all times.***
- 8. If a ref or coach ask you to settle down, take caution seriously as you can be asked to leave facility.***
- 9. If you are an overzealous fan, learn to control your mouth and keep it positive.***
- 10. Always be ready to smile at your child as they will find you in the stands.***

Make all the experiences a positive or learning opportunity. They may not win every contest, but we all can make it a positive memory. By keeping it positive, we keep the kids involved in something they enjoy doing.