Elementary School Menu

October-25

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs	
				1		2 *NEW*		3		Lunch 3.15
				Baked Spaghetti w/meat sauce	31	BBQ Pulled Chicken Sandwic	47	Big Daddy Cheese Pizza	28	Milk \$.45
(\cap)				Edamame	3	Fresh Spinach Salad	4	Sliced Green Peppers	3	NSLP Reduced price lunch \$0.40
				Cranberries, Dried	28	Cherry Tomatoes	2	Zucchini Slices	1	All meals served with
	5 7			Milk (assorted)	15	Fresh Apple	22	Banana	27	choice of Milk
	24 1	JULY OF THE PROPERTY OF THE PR				Milk (assorted)	15	Milk (assorted)	15	
		م								Alternate Daily Choices:
										Mon Chicken Nuggets/Patty 16-41
6		7		8		9		10		Tue Hot Dog 30
Chicken, Diced	0	Grilled Cheese	30	Chicken Patty	30	Corn Dog Nuggets	26		P	Wed Pizza 21-42
Fried Rice	54	French Fries	16	WG Bun	16	French Fries	16	No School	7	Thu Nachos/Walking Tacos 32-48
Romaine Salad	1	Tomato Soup	18	Cucumber Slices	18	Black Bean Salsa	16	Teacher	₩	Fri Breakfast for Lunch 15-25
Ranch Dressing	2	Mixed Fruit	16	Sweet Corn	16	Fruit Slushie BR	22	Work Day	A I	
Black Beans	11	Milk (assorted)	15	Orange Juice	13	Milk (assorted)	15			Students must have money on their
Chilled Pears	15			Milk (assorted)					1	accounts or bring cash for ala carte
Milk (assorted)	15									purchases.
13		14		15		16		17		
	20	Mini French Toast	37	Popcorn Chicken	14	Orange Chicken	19	Big Daddy Cheese Pizza	28	See District's Food Service
Machael		Pancake Syrup	30	Smiley Potatoes	25	Rice	37	Broccoli	4	website for a la carte pricing
	n 🧯	Diced Ham	0	Sweet Corn	8	Edamame	3	Red Pepper Slices	2	
	y a	Carrot Baby	6	Peaches, Sliced	14	Carrot Baby	6	Ranch Dressing	2	
		Black Beans	10	Milk (assorted)	15	Applesauce	22	Orange	21	
		Mandarin Oranges	20			Milk (assorted)	15	Milk (assorted)	15	
		Milk (assorted)	15							
20		21		22		23		24		
Hamburger	3	Chicken Tenders	16	Cheese Ravioli	2	Chicken Egg roll &/or	20	Cheese Bites	28	
WG Bun	26	Onion Rings	28	Sun Splash Juice Box	15	Potstickers	11	Red Dipping Sauce	5	
Mashed Potatoes	34	Baked Beans	30	Sweet Corn	17	Fried Rice	17	Cucumber Slices	0	
Chickpeas	10	Apple Slices	8	Cranberries, Dried	28	Broccoli	2	Ranch Dressing	2	
Mixed Berries Cup	20	Milk (assorted)	15	Milk (assorted)	15	Fresh Apple	22	Orange	21	
Milk (assorted)	15					Milk (assorted)	15	Milk (assorted)	15	
27		28		29		30		31		Questions regarding the Menu,
French Toast Sticks	26	Mini Pizza Bagels	24	Baked Spaghetti w/meat sau	31	BBQ Pulled Chicken Sandwic	47	Big Daddy Cheese Pizza	28	Please contact
Pancake Syrup	30	Smiley Potatoes	25	Edamame	3	Fresh Spinach Salad	4	Sliced Green Peppers	3	Kevin Harris at:
Cheese, String	3	Cherry Tomatoes	2	Cranberries, Dried	28	Cherry Tomatoes	2	Zucchini Slices	1	
Tater Rounds	19	Orange Wedges	21	Milk (assorted)	15	Fresh Apple	22	Banana	27	
Chickpeas	10	Milk (assorted)	15			Milk (assorted)	15	Milk (assorted)	15	Kharris@D15.org
Applesauce	22									
Milk (assorted)		(1		i		1		

Disclaimer about Carb counts

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer.

Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.

^{*}Menu subject to change, notice given when possible