



School District 15 Breakfast Menu

September-25

| Monday | Carbs | Tuesday | Carbs | Wednesday | Carbs | Thursday | Carbs | Friday | Carbs |
|---|-------|-------------------------|-------|--|-------|-------------------------|-------|--------------------|-------|
| 1 | | 2 | | 3 | | 4 | | 5 | |
|  | | Egg & Cheese Quesadilla | 17 | Poffitz Pancake Bites | 27 | Trix Cereal Bar | 29 | Stuffed Hash brown | 24 |
| | | Cream Cheese | 1 | Banana | 27 | Yogurt Strawberry Smash | 12 | Granola | 20 |
| | | Diced Peaches | 12 | Apple Juice | 13 | Applesauce | 14 | Mixed Fruit | 15 |
| | | Fruit Punch | 14 | Milk (assorted) | 15 | Fruit Punch | 14 | Orange Juice | 13 |
| | | Milk (assorted) | 15 | | | Milk (assorted) | 15 | Milk (assorted) | 15 |
| 8 | | 9 | | 10 | | 11 | | 12 | |
| Poffitz Pancake Bites | 27 | Egg & Cheese Muffin | 26 | Mini Pancakes Confetti | 36 | Bagel | 28 | Dutch Waffle | 38 |
| Zee Zee BC Bar | 24 | Orange | 21 | Applesauce | 14 | Cream Cheese | 1 | Sugar, Powdered | 15 |
| Banana | 27 | Grape Juice | 19 | Fruit Punch | 14 | Chilled Pears | 15 | Mandarin Oranges# | 20 |
| Apple Juice | 13 | Milk (assorted) | 15 | Milk (assorted) | 15 | Orange Juice | 13 | Apple Juice# | 13 |
| Milk (assorted) | 15 | | | | | Milk (assorted) | 15 | Milk (assorted) | 15 |
| 15 | | 16 | | 17 | | 18 | | 19 | |
| Fruit Loop Waffles | 32 | Egg & Cheese Quesadilla | 17 | Poffitz Pancake Bites | 27 | Trix Cereal Bar | 29 | Stuffed Hash brown | 24 |
| Apple Slices | 8 | Cream Cheese | 1 | Banana | 27 | Yogurt Strawberry Smash | 12 | Granola | 20 |
| Grape Juice | 19 | Diced Peaches | 12 | Apple Juice | 13 | Applesauce | 14 | Mixed Fruit | 15 |
| Milk (assorted) | 15 | Fruit Punch | 14 | Milk (assorted) | 15 | Fruit Punch | 14 | Orange Juice | 13 |
| | | Milk (assorted) | 15 | | | Milk (assorted) | 15 | Milk (assorted) | 15 |
| 22 | | 23 | | 24 | | 25 | | 26 | |
| Poffitz Pancake Bites | 27 | Egg & Cheese Muffin | 26 | Mini Pancakes Confetti | 36 | Bagel | 28 | Dutch Waffle | 38 |
| Zee Zee BC Bar | 24 | Orange | 21 | Applesauce | 14 | Cream Cheese | 1 | Sugar, Powdered | 15 |
| Banana | 27 | Grape Juice | 19 | Fruit Punch | 14 | Chilled Pears | 15 | Mandarin Oranges# | 20 |
| Apple Juice | 13 | Milk (assorted) | 15 | Milk (assorted) | 15 | Orange Juice | 13 | Apple Juice# | 13 |
| Milk (assorted) | 15 | | | | | Milk (assorted) | 15 | Milk (assorted) | 15 |
| 29 | | 30 | |  | | | | | |
| Fruit Loop Waffles | 32 | Egg & Cheese Quesadilla | 17 | | | | | | |
| Apple Slices | 8 | Cream Cheese | 1 | | | | | | |
| Grape Juice | 19 | Diced Peaches | 12 | | | | | | |
| Milk (assorted) | 15 | Fruit Punch | 14 | | | | | | |
| | | Milk (assorted) | 15 | | | | | | |

Breakfast \$1.80
Milk \$.45
NSLP Reduced price breakfast \$0.30
 All meals served with
 choice of Milk

Students must have money on their
 accounts or bring cash for ala carte
 purchases.

See District's Food Service
 website for a la carte pricing

Questions regarding the Menu,
 Please contact
 Kevin Harris at:

Kharris@D15.org

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer.

Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.